

最佳記錄 Best Result

男子 Boys'

U20	60m	蘇穎熙	SO WING HEI	WAC	7.17	-1.0	2024/4/28	TKOSG
	100m	蘇穎熙	SO WING HEI	WAC	10.99	+0.3	2024/4/27	TKOSG
	200m	葉天朗	YIP TIN LONG	WAC	22.90	-1.1	2024/4/27	TKOSG
	400m	楊智希	YEUNG CHI HEI	WAC	50.54		2024/4/27	TKOSG
	800m	李彥朗	LEE YIN LONG	WAC	2:09.98		2023/5/13	TKOSG
	1500m	蘇政聲	SO CHING SING	WAC	4:23.3	HT	2023/5/13	TKOSG
	110mH	曾沛田	TSANG PUI TIN	YCKMC	14.81	+0.3	2024/4/27	TKOSG
	400mH	曾沛田	TSANG PUI TIN	YCKMC	57.24		2024/4/28	TKOSG
	4X400m	LingNan	李宇豪,杜家朗,陳俊賢,林俊生	LNMAC	3:42.64		2024/4/27	TKOSG
	High Jump	何濤維	HO HO WAI	WAC	2.00		2024/4/27	TKOSG
	Long Jump	林銘夫	LIN MINGFU	WAC	7.41	+0.6	2023/5/13	TKOSG
	Triple Jump	梅樂弦	MUI LOK YIN	WAC	14.25	+0.8	2024/4/28	TKOSG
	Discus Throw	吳思澎	NG SZE PANG	TCAA	40.00		2024/4/27	TKOSG
	Javelin Throw	關雨晴	KWAN YU CHING	WAC	51.24		2024/4/28	TKOSG
Shot Put	梁梓汧	LEUNG TZE HIN	WAC	14.47		2024/4/27	TKOSG	
U18	60m	蔡柏賢	CHOY PAK YIN JEFFREY	KCC	7.28	-0.9	2024/4/28	TKOSG
	100m	譚光銳	TAM KWONG YUI	SCAA	11.12	0.0	2023/5/13	TKOSG
					11.0	HT	2023/5/13	TKOSG
	200m	譚光銳	TAM KWONG YUI	SCAA	22.63	-0.3	2023/5/13	TKOSG
	400m	關亦然	KWAN YIK YIN	MSC	50.60		2024/4/27	TKOSG
	800m	黃顯富	WONG HIN FU	WAC	2:02.88		2023/5/13	TKOSG
	1500m	林子諾	LUM TSZ NOK	MKQC	4:25.69		2024/4/27	TKOSG
	60mH	符永奇	FU YONGQI	ASMS	8.53	-0.7	2024/4/28	TKOSG
	110mH	周昊賢	CHAU HO YIN	LSCAC	14.33	-0.4	2024/4/27	TKOSG
	400mH	鍾朗晞	CHUNG LONG HEI CYRUS	MSC	57.22		2023/5/13	TKOSG
	4X100m	YWC	吳浩男,簡家鴻,許一諾,梁皓揮	YWC	44.93		2024/4/27	TKOSG
	4X400m	WFNC	張譽曦,劉志杭,吳祐藍,王宏信	WFNC	3:37.98		2024/4/27	TKOSG
	High Jump	黎柏希	LAI PAK HEI	LSCAC	1.85		2023/5/13	TKOSG
	Long Jump	楊文朗	YEUNG MAN LONG	WAC	6.90	+1.8	2024/4/27	TKOSG
	Triple Jump	韋昌樂	WAI CHEONG LOK	FK1SS	13.91	+1.9	2024/4/28	TKOSG
	Discus Throw	張裕誠	ZHANG EASING	TCAA	41.14		2023/5/13	TKOSG
Javelin Throw	葉天正	YIP TIN CHING WALTER	WAC	49.10		2024/4/28	TKOSG	
Shot Put	馮梓翔	FONG CHI CHEONG	HKSC	14.65		2024/4/27	TKOSG	
U16	60m	張銳程	CHEUNG MARCUS	WFNC	7.31	-0.6	2024/4/28	TKOSG
	100m	葉竣皓	YIP CHUN HO	WYOFF	11.50	-0.7	2024/4/27	TKOSG
	200m	文守正	MAN SAU CHING ISAAC	MSC	23.15	+0.2	2024/4/27	TKOSG
	400m	蔣卓熹	CHEUNG CHEUK HEI ISAAC	MSC	52.97		2023/5/13	TKOSG
	800m	王諾弘	WONG NOK WANG	WAC	2:00.21		2023/5/13	TKOSG
	1500m	王諾弘	WONG NOK WANG	WAC	4:18.5	HT	2023/5/13	TKOSG
	60mH	庾靖鈞	YEE CHING KWAN	STFASWC	10.74	-1.0	2024/4/28	TKOSG
	110mH	沈俊熙	SHUM CHUN HEI REGAN	HKDRC	14.97	+0.8	2024/4/27	TKOSG

	4X100m	YWC	盧鏘謙, 梁皓揚, 黃旻睿, 吳子謙	YWC	46.59		2024/4/27	TKOSG
	4X400m	WFNC	羅浩銘, 梁溥匡, 莫家希, 朱梓樂	WFNC	3:49.47		2024/4/27	TKOSG
	High Jump	周天諾	CHOW TIN NOK	SCAA	1.85		2024/4/27	TKOSG
	Long Jump	劉國熙	LAU KWOK HAY	WAC	6.44	+0.8	2023/5/13	TKOSG
	Triple Jump	陳晉源	CHAN CHUN YUEN	WFNC	13.43	+1.4	2024/4/28	TKOSG
	Discus Throw	歐俊毅	OU CHUN NGAI JAN	WYOFF	35.13		2024/4/27	TKOSG
	Javelin Throw	簡栢翹	KAN ETHAN	YCKMC	38.26		2023/5/14	TKOSG
	Shot Put	張偉東	ZHANG WEIDONG	CSWAC	12.80		2023/5/13	TKOSG
U14	60m	陳祉煜	CHEN TSZ YUK LEMUEL	LSCAC	7.64	+1.2	2023/5/14	TKOSG
	100m	王樂文	WONG LOK MAN	LSCAC	11.89	-0.4	2024/4/27	TKOSG
	200m	林子堯	LAM TSZ YIU	WAC	24.40	-0.1	2023/5/13	TKOSG
	400m	劉愷榛	LAU HOI TSUN	WAC	57.21		2023/5/13	TKOSG
	800m	李信恒	LI SHUN HANG	HPCCSS	2:20.40		2023/5/13	TKOSG
	1500m	黃梓瑜	WONG CHI U	SUBTEAM	4:58.08		2024/4/27	TKOSG
	100mH	蔡翰勤	TSOI HON KAN HANZ	WFNC	16.70	-1.0	2023/5/13	TKOSG
	4X100m	HKDRC	葉宇軒, 鄭博文, 歐陽浚熙, 陳以碩	HKDRC	48.20		2024/4/27	TKOSG
	4X400m	WFNC	潘慶澄, 布振熙, 劉澤豪, 袁子軒	WFNC	4:20.42		2024/4/27	TKOSG
	High Jump	蘇仲鏗	SO CHUNG HANG	YCPSHWR	1.58		2024/4/28	TKOSG
	Long Jump	鄭亦之	CHENG YIK CHI	TCAA	5.27	+1.5	2024/4/27	TKOSG
	Discus Throw	何卓燊	HE ZHUO SHEN	HKSC	34.71		2024/4/27	TKOSG
	Javelin Throw	楊梓鑫	YEUNG TSZ KAM	LSPS	27.27		2024/4/28	TKOSG
	Shot Put	楊梓鑫	YEUNG TSZ KAM	LSPS	10.94		2024/4/27	TKOSG
U13	60m	王樂文	WONG LOK MAN	LSCAC	7.73	+0.1	2023/5/14	TKOSG
	100m	朱泳朗	CHU WENG LONG	MAFC	13.01	+0.5	2023/5/14	TKOSG
	200m	林家鋒	LAM KA FUNG JONAS	DBSPD	27.17	+0.5	2023/5/14	TKOSG
	400m	侯喆朗	HAU CHIT LONG	SCAA	1:02.19		2023/5/14	TKOSG
	4X100m	KBSJB 男甲	林梓博, 謝柏釗, 黃浚匡, 駱浩謙	KBSJB	55.38		2023/5/14	TKOSG
	High Jump	駱浩謙	LOK HO HIM RYAN	KBSJB	1.35		2023/5/14	TKOSG
	Long Jump	鄭亦之	CHENG YIK CHI	TCAA	4.81	+0.2	2023/5/14	TKOSG
	Softball	陳卓峰	CHAN CHEUK FUNG EVAN	KWPS	32.45		2023/5/14	TKOSG
U12	60m	譚熙進	TAN HEI CHUN	HKDRC	8.46	+0.3	2023/5/14	TKOSG
	100m	吳天予	NG TIN YU	DBSPD	13.48	-0.2	2023/5/14	TKOSG
	200m	吳天予	NG TIN YU	DBSPD	27.66	+0.6	2023/5/14	TKOSG
	400m	曾珈朗	TSANG KA LONG	PKC	1:08.47		2024/4/28	TKOSG
	4X100m	PKC	吳萃志, 林祉希, 吳僖哲, 曾珈朗	PKC	57.55		2024/4/28	TKOSG
	High Jump	梁曉昇	LEUNG HIU SING	LKPS	1.27		2024/4/28	TKOSG
	Long Jump	林祉希	LAM HAYDEN	PKC	4.47	+1.9	2024/4/28	TKOSG
	Softball	楊梓鑫	YEUNG TSZ KAM	LSPS	44.62		2023/5/14	TKOSG
U11	60m	鄭仲軒	CHENG CHUNG HIN	CSHK	9.07	+0.1	2023/5/14	TKOSG
	100m	周峻鋒	CHAU CHUN FUNG JULIAN	DBSPD	14.71	+0.2	2023/5/14	TKOSG
	200m	陳柏林	CHAN PAK LAM JAVEN	DBSPD	31.35	+0.3	2023/5/14	TKOSG
	400m	劉愷皓	LAU HOI HO	HKDRC	1:13.71		2024/4/28	TKOSG

	4X100m	DBYW	官澄,黎朗言,黃浩朗,彭浚高	DBYW	1:00.25		2024/4/28	TKOSG
	Long Jump	劉睿康	LAU YUI HONG	YCPSHWR	3.84	+1.0	2024/4/28	TKOSG
	Softball	楊子霆	YEUNG TSZ TING	LSPS	30.91		2024/4/28	TKOSG
U10	60m	區煒楠	AU WAI NAM	MOSHS	9.39	+0.9	2023/5/14	TKOSG
	100m	區煒楠	AU WAI NAM	MOSHS	15.26	+0.5	2023/5/14	TKOSG
	200m	羅皓軒	LAW HAO HIN	PCPS	32.45	+0.9	2023/5/14	TKOSG
	400m	羅皓軒	LAW HAO HIN	PCPS	1:17.40		2023/5/14	TKOSG
	4X100m	YCPSTeam	陳銘熙,吳卓謙,鍾昕泰,陳彥齊	YCPSHWR	1:04.52		2024/4/28	TKOSG
	Long Jump	劉睿康	LAU YU HONG	YCPSHWR	3.38	-0.5	2023/5/14	TKOSG
	Softball	許澤平	HUI CHAK PING	PLKCJY	27.22		2024/4/28	TKOSG
U9	60m	李昊彥	LI HO YIN	MTCHHB	9.55	0.0	2024/4/28	TKOSG
	100m	鄔可唯	WOO HO WAI	HKDRC	15.91	+1.1	2023/5/14	TKOSG
	200m	陳修延	CHAN SAU YIN	PAC	33.67	+0.3	2024/4/28	TKOSG
	4X100m		HKDRC - BU9	HKDRC	1:07.91		2023/5/14	TKOSG
	Long Jump	陳修延	CHAN SAU YIN	PAC	2.79	+2.7	2024/4/28	TKOSG
	Softball	許澤平	HUI CHAK PING	PLKCJY	17.76		2023/5/14	TKOSG
U8	60m	曾以信	TSANG YEE SHUN ENZO	PLKCKY	10.15	0.0	2024/4/28	TKOSG
	100m	曾以信	TSANG YEE SHUN ENZO	PLKCKY	17.23	0.0	2024/4/28	TKOSG
	Softball	郭恩賢	KWOK YAN YIN		10.49		2024/4/28	TKOSG

最佳紀錄 Best Result

女子 Girls'

U20	60m	楊寶儀	YEUNG PATRICIA ANNE CELOSO	TCCS	7.96	-0.9	2024/4/28	TKOSG
	100m	楊寶儀	YEUNG PATRICIA ANNE CELOSO	TCCS	12.68	+0.2	2024/4/27	TKOSG
	200m							
	400m							
	800m	蔡承殷	CHOY SHING YAN	PAC	2:30.71		2024/4/27	TKOSG
	1500m	盧卓逸	LO CHEUK YAT	WAC	5:44.9	HT	2023/5/13	TKOSG
	100mH	楊寶儀	YEUNG PATRICIA ANNE CELOSO	TCCS	15.87	+0.4	2024/4/27	TKOSG
	400mH							
	High Jump	楊樂希	YEUNG LOK HEI	MAC LH	1.54		2024/4/27	TKOSG
	Long Jump	黃凱翎	WONG HOI LING	TCAA	5.28	+1.4	2024/4/27	TKOSG
	Triple Jump	黃凱翎	WONG HOI LING	TCAA	10.83	+1.0	2024/4/28	TKOSG
	Discus Throw	容卓嵐	YUNG CHEUK LAAM	WAC	35.42		2024/4/27	TKOSG
	Javelin Throw	梁穎兒	LEUNG WING YI CHLOE	YCKMA	32.85		2023/5/14	TKOSG
Shot Put	譚安琪	TAM ON KI	WAC	10.60		2024/4/27	TKOSG	
U18	60m	顧慧翹	KOO WAI KIU KELLY	WAC	8.24	-0.4	2023/5/14	TKOSG
	100m	黃韻之	WONG WAN CHI	HKDRC	12.73	-0.2	2023/5/13	TKOSG
					12.2	HT	2023/5/13	TKOSG
	200m	吳愷瑩	NG HOI YING HANNAH	SSC	26.92	-0.8	2024/4/27	TKOSG
	400m	蔡思晨	CHOI SEASON	GHSAC	59.83		2023/5/13	TKOSG
	800m	黃哲	WONG JIT	WAC	2:35.19		2023/5/13	TKOSG
	1500m	張子悅	CHEUNG TSZ YUET	WAC	5:06.00		2024/4/27	TKOSG
	60mH	張嘉喬	CHEUNG KA KIU	WAC	9.83	+0.5	2024/4/28	TKOSG
	100mH	蘇倩巧	SO SIN HAU HILARY	PAC	15.26	-0.5	2024/4/27	TKOSG
	400mH	蘇楚淇	SOO CHO KEI	TCAA	1:15.16		2024/4/28	TKOSG
	4X100m							
	4X400m		蔡懿澄,周曉楠,林思晨,王駿甯	SSC	4:55.4	HT	2023/5/13	TKOSG
	High Jump	姚凱嵐	YIU HOI LAM	TSWMC	1.61		2024/4/27	TKOSG
	Long Jump	賈慧妍	JIA WAI YIN	TCAA	5.53	-0.7	2023/5/13	TKOSG
	Triple Jump	周子雅	CHOW SYLVIA	GHSAC	11.39	+1.0	2023/5/13	TKOSG
	Discus Throw	王海遙	WONG HOI YIU	WAC	31.94		2024/4/27	TKOSG
	Javelin Throw	鄺施愛	KWONG SZE OK SARAH	TCAA	36.88		2023/5/14	TKOSG
Shot Put	吳海儀	NG HOI I	HKSC	11.92	jin	2024/4/27	TKOSG	
U16	60m	黃詠瞳	WONG WING TUNG	PAC	8.07	-0.9	2024/4/28	TKOSG
	100m	黃詠瞳	WONG WING TUNG	PAC	12.59	-0.3	2024/4/27	TKOSG
					12.4	HT	2023/5/13	TKOSG
	200m	葉泯妍	YIP MAN YAN	WAC	26.35	-0.5	2023/5/13	TKOSG
	400m	鄭芷殷	CHENG TSZ YAN	WAC	1:00.39		2024/4/27	TKOSG
	800m	區藹瑜	AU OI YU ANGELINA	SSC	2:34.27		2024/4/27	TKOSG
	1500m	謝冬寧	TSE TUNG LING	WAC	5:02.7	HT	2023/5/13	TKOSG
	60mH	譚因喬	TAM YAN Q	WAC	9.57	+0.5	2024/4/28	TKOSG

	100mH	譚因喬	TAM YAN Q	WAC	16.14	-1.3	2024/4/27	TKOSG
	4X100m	PAC-A	崔銘童,馬凱淇,李綺桐,黃詠瞳	PAC	51.52		2024/4/27	TKOSG
	4X400m	WFNC	黃心花,梁紫詠,李晞彤,林侏晴	WFNC	4:46.82		2024/4/27	TKOSG
	High Jump	胡芯攸	WOO SUM YAU	GHSAC	1.55		2023/5/13	TKOSG
	Long Jump	張銚芝	CHEUNG YIU GI JANICE	CSS	5.72	+1.1	2023/5/13	TKOSG
	Triple Jump	尹芷欣	WAN TSZ YAN	YKYC	9.69	+1.1	2024/4/28	TKOSG
	Discus Throw	呂柏誼	LUI PAK YI	WFNC	27.27		2023/5/13	TKOSG
	Javelin Throw	杜樂兒	TO LOK YEE	YLDSA	30.30		2024/4/28	TKOSG
	Shot Put	呂柏誼	LUI PAK YI	WFNC	13.24		2023/5/13	TKOSG
U14	60m	張珊珊	CHEUNG SHAN SHAN	YLDSA	8.08	0.0	2024/4/28	TKOSG
	100m	張珊珊	CHEUNG SHAN SHAN	YLDSA	12.85	-0.4	2024/4/27	TKOSG
	200m	吳詠蕎	NG WING KIU	UGA	26.92	+0.3	2024/4/27	TKOSG
	400m	胡在曦	WOO JOY HEI	GHSAC	1:03.83		2023/5/13	TKOSG
	800m	樊安詠	FAN ON WING	TCAA	2:33.11		2024/4/27	TKOSG
	1500m	周蕎	CHOW KIU	WAC	5:26.58		2024/4/27	TKOSG
	100mH	李汶澄	LI MAN CHING	DGS	16.13	-1.0	2023/5/13	TKOSG
	4X100m	YLDSA	溫逸心,嚴絲雨,黎鈺澄,張珊珊	YLDSA	53.09		2024/4/27	TKOSG
	4X400m	TCAA-KF	譚靖羲,黃依程,樊安詠,葉向晴	TCAA	4:37.48		2024/4/27	TKOSG
	High Jump	呂睿晴	LIU YUI CHING KARIS	WAC	1.50		2023/5/13	TKOSG
	Long Jump	李汶澄	LI MAN CHING	DGS	4.78	+0.3	2023/5/13	TKOSG
	Discus Throw	賴敬軍	LAI JING JUN	CPU	18.82		2023/5/13	TKOSG
	Javelin Throw	黃綺淇	WONG I KEI	HKSC	23.14		2024/4/28	TKOSG
	Shot Put	黃嘉琪	HUANG KA KI	LSTC	8.55		2023/5/13	TKOSG
U13	60m	張珊珊	CHEUNG SHAN SHAN	YLDSA	8.28		2023/5/14	TKOSG
	100m	張珊珊	CHEUNG SHAN SHAN	YLDSA	13.27	+1.1	2023/5/14	TKOSG
	200m	樊安詠	FAN ON WING	TCAA	28.72	+1.3	2023/5/14	TKOSG
	400m	胡倬甄	WU CHEUK YAN	HKDRC	1:09.08		2023/5/14	TKOSG
	4X100m	HKDRC – GU13	黃珮珩,胡倬甄,麥穎芯,陳昫澄	HKDRC	59.13		2023/5/14	TKOSG
	High Jump	李欣霖	LEE YAN LAM	SCAA	1.35		2023/5/14	TKOSG
	Long Jump	施泳恩	SHIH WING YAN	TCAA	4.41	+0.2	2023/5/14	TKOSG
	Softball	廖巧睿	LIU HAU YUI EMMA	YCPSHWR	30.53		2023/5/14	TKOSG
U12	60m	梁恩熒	LIANG YAN YING	MOSSJPS	8.83	0.0	2024/4/28	TKOSG
	100m	劉莉雅	LAU, LEAH	SCAA	14.25	+0.2	2023/5/14	TKOSG
	200m	郭君澄	KWOK KWAN CHING CHINNCO	PAC	29.05	-1.2	2024/4/28	TKOSG
	400m	羅悅澄	LO YUET CHING	CSRA	1:08.69		2023/5/14	TKOSG
	4X100m	KBSJB 女乙	吳芊霖,陳韻游,顏樂誼,何彩嫻	KBSJB	59.84		2023/5/14	TKOSG
	High Jump	呂鉞雅	LUI EVA	AOGLST	1.28		2024/4/28	TKOSG
	Long Jump	郭君澄	KWOK KWAN CHING CHINNCO	PAC	4.47	+0.7	2024/4/28	TKOSG
	Softball	詹鏗澄	TSIM HOI YING	HYCS	33.94		2024/4/28	TKOSG
U11	60m	張芷瑞	ZHANG TSZ SUI	PKC	9.04	+0.2	2024/4/28	TKOSG
	100m	許洛旖	HUI LOK YI LEANNE	HKDRC	14.93	-0.8	2024/4/28	TKOSG

	200m	鄭芯怡	CHENG SUM YI	HYCS	30.51	-0.8	2024/4/28	TKOSG
	400m	陳可盈	CHEN KEYING	MTCHHB	1:15.82		2023/5/14	TKOSG
	4X100m	PKC	阮思妍, 薛芷凝, 何珮言, 張芷瑞	PKC	1:01.19		2024/4/28	TKOSG
	Long Jump	麥格萄	MAK AINSLIE	EC	3.71	+0.9	2024/4/28	TKOSG
	Softball	林芷妍	LAM ELANA	SKPS	20.58		2023/5/14	TKOSG
U10	60m	陳稀晴	ERNI HAILEY JAYE	GHSAC	9.54	+0.8	2023/5/14	TKOSG
	100m	陳俐妍	CHAN EVELYN LEE YIN	GHSAC	15.79	-1.0	2024/4/28	TKOSG
	200m	鄒詠晴	CHOW WING CHING KADY	HKBUAS	33.94	+0.6	2023/5/14	TKOSG
	400m	鄒詠晴	CHOW WING CHING KADY	HKBUAS	1:15.85		2023/5/14	TKOSG
	4X100m	GHSAC-1	史佳穎, 陳俐妍, 李昕瞳, 李芍霖	GHSAC	1:05.96		2024/4/28	TKOSG
	Long Jump	陳俐妍	CHAN EVELYN LEE YIN	GHSAC	3.34	+2.0	2024/4/28	TKOSG
	Softball	林芷晴	LAM SELENA	SKPS	16.52		2024/4/28	TKOSG
U9	60m	陸靖珊	LUK CHING SHAN	FSSAS	9.88	+0.1	2023/5/14	TKOSG
	100m	陸靖珊	LUK CHING SHAN	FSSAS	16.29	-0.6	2023/5/14	TKOSG
	200m	謝鎧晴	TSE HOI CHING	BSTWLMC	36.09	+0.9	2023/5/14	TKOSG
	4X100m	SPCSPR	梁卓凝, 陳朗然, 馮晞晴, 顧浠予	SPCSPR	1:12.23		2024/4/28	TKOSG
	Long Jump	顧浠予	KOO BERNICE	SPCSPR	3.05		2024/4/28	TKOSG
	Softball	劉溱澄	LAU CHUN CHING	APSKT	13.71		2023/5/14	TKOSG
U8	60m	鍾蔚珊	CHUNG WAI SHAN	PAC	10.64	-0.5	2024/4/28	TKOSG
	100m	鍾蔚珊	CHUNG WAI SHAN	PAC	18.01	+0.1	2024/4/28	TKOSG
	Softball	楊沛穎	WERMELINGER, INES	HKDRC	10.91		2024/4/28	TKOSG